



Multiple ABA options. One diverse team.

SAAAC 2025 ABA Programs: Now booking for ages 2-17.

Applied Behaviour Analysis (ABA) is one of the most effective evidence-based interventions for Autism Spectrum Disorder (ASD). With a diverse team of experts and a variety of evidence-based ABA programs – including dyad and group models – SAAAC provides comprehensive support for your autistic child to develop the critical social, language and life skills they need to achieve greater independence.

Discover ABA therapy tailored to fit your child's unique needs.

We take pride in delivering the highest quality care and support. All programs are eligible or already funded by Ontario Autism Program (OAP) or other sources and meet every requirement of the College of Psychologist and Behaviour Analysts of Ontario (CPBAO).

1:1 ABA Therapy

Give your child individualized support with a dedicated therapist.

Ideal for those working on the pre-requisite skills needed for group learning, one-to-one ABA therapy offers your child individualized support, with a dedicated therapist providing undivided attention throughout each session. This personalized approach allows learners to focus on their unique goals at their own pace. The program also enables our clinical team to assess skill and behaviour, so we can develop individualized programs for each goal.



What your child will learn:

- **Cooperation and reinforcer effectiveness** – Building engagement and motivation for learning
- **Communication** – Developing expressive and receptive language skills
- **Academic skills** – Strengthening reading, writing, math, and problem-solving abilities
- **Visual performance** – Enhancing visual discrimination and matching skills
- **Receptive & expressive language** – Following instructions and effectively expressing needs
- **Imitation skills** – Learning through modeled behavior
- **Play & leisure skills** – Engaging in meaningful play activities
- **Self-help skills** – Toileting, dressing, and daily routines
- **Behavior reduction** – Addressing challenging behaviors through individualized strategies

Eligibility

Your child is ready for 1:1 ABA therapy, if they can:

- Avoid engaging in high frequency of aggression, property destruction or self-injurious behaviours that are difficult to be managed by 1:1 support

Staff ratio

1 learner : 1 facilitator

Location

1870 Birchmount Rd.

Learn more about our
1:1 ABA Therapy Program.



Dyad ABA Therapy

Build on social and communication skills with another peer.

Dyad therapy pairs your child with a peer at their stage of development, working together with a dedicated Supervised Instructor Therapist. Tailored to meet the unique needs of each child, this program encourages social awareness and positive social interaction with another peer.



What your child will learn:

- **Social skills** – Sharing, taking turns, and engaging in conversations.
- **Transitions** – Waiting patiently and transitioning smoothly with a peer between activities and locations.
- **Communication** – Making requests of adults and peers, expanding receptive and expressive language, answering questions.
- **Play & leisure skills** – Playing games with a peer, using toys appropriately, engaging in parallel and interactive play, and practicing peer imitation.
- **Classroom routine** – Sitting with a peer, attending to others, following instructions, completing routines, working independently, and self-management.
- **Daily living skills** – Kitchen safety, personal hygiene, dressing, household chores, plus street and personal safety.
- **Academic skills** – Reading, writing, math, reading comprehension, and typing.

Eligibility

Your child is ready for the ABA Dyad Program, if they can:

- Tolerate sitting at a table or on the floor near peers
- Self-regulate with minimal redirection
- Request preferred items (via gestures, vocal language, or an augmentative communication system)
- Respond to their name
- Transition away from a parent with minimal difficulty
- Transition between activities and locations (stay with their peer with minimal redirection)
- Display minimal challenging behaviors

Staff ratio

2 learners: 1 facilitator

Location

1870 Birchmount Rd.



[Learn more about our Dyad Program.](#)

Group ABA Therapy

Choose from multiple programs and build essential skills in a group setting.

All our group ABA therapy programs provide engaging, small-group learning experiences with 4-8 learners and two dedicated facilitators. Each group focuses on developing key skills in different domains, such as social skills, communication, emotional regulation, health and hygiene, and group readiness. Specialized groups may also be offered, covering topics such as community safety, employment preparation, and kitchen skills.



What your child will learn:

- Goals based on the focus of each group, such as social skills, group readiness, communication, and emotional regulation, etc.
- Specific goals selected at the beginning of each group, based on initial assessments and family input.

Eligibility

Your child is ready for group ABA therapy, if they can:

- Remain in the same room with other children, without engaging in behaviours that may pose a risk to themselves or others.
- Please note additional prerequisite skills may be required, depending on the group.

Staff ratio

4-8 learners : 2 facilitators

Location

1870 Birchmount Rd.



[Learn more about our Group ABA Therapy Program.](#)

Caregiver-Mediated Programs

Learn to further support your child's social and communication development.

Choose from three free caregiver-mediated programs – Project ImPACT, JASPER and Caregiver Skills Training (CST) – designed to teach you strategies to help your child increase their core social communication skills. You'll have the chance to join group workshops with other caregivers where you'll learn strategies to support your child. Then you'll practice those skills with your child in individual sessions with your child and a coach offering personalized guidance.



What your child will learn:

- **Social engagement** – Improving your child's engagement with others.
- **Expanded play skills** – Like using objects to represent something else in play.
- **Communication** – Such as building on your child's existing language.
- **Imitation** – Learning to replicate desired behaviour through observation.
- **Joint attention** – This many include pointing, coordinated looks between objects and people, and showing items.

Eligibility

Your family is ready for Project ImPACT and JASPER, if:

- Your child is aged 1-4
- You've received an invitation from Access OAP
- Your child has an ASD diagnosis
- Please note:
 - Each family can join one caregiver-mediated program a year
 - These programs are free of cost
**Covered by OAP funding*

Your family is ready for Caregiver Skills Training, if:

- Your child is aged 2-9
- They need support using joint attention and communicating their requests
- They need support with advanced pretend play
- Please note:
 - ASD diagnosis not required
 - These programs are free of cost
**Through the generous support of the United Way of Greater Toronto*

Staff ratio

1 family : 1 coach

Location

1870 Birchmount Rd.



Learn more about our
Caregiver-Mediated Programs.

Behaviour Consultation

Achieve specific learning goals with personalized, short-term support for your family.

This program was designed to give you and your family the tools and training to help your child achieve up to two specific learning goals. Using ABA principles, Behaviour Consultations facilitate caregiver training and support through the teaching of individualized behaviour-based strategies and provide a range of educational and community-based resources families can utilize to reach specific goals.



What your child will learn:

Up to 2 specific learning goals, including but not limited to:

- **Healthy sleep** and bedtime routines
- **Toilet training**
- **Healthy eating** and expanding food variety
- **Safety** skills (e.g., on the road, in the kitchen)
- Preparing for **routines and transitions**
- **Self-management** skills
- Teaching early **communication skills**
- **Effective collaboration** with your child's school team
- **Self-care** and daily living routines (e.g. toothbrushing, handwashing, hair brushing)

Eligibility

Your child is ready for Behaviour Consultation, if they:

- Are under 18 years old
- Do not engage in any significant challenging behaviours

Staff ratio

1 family : 1 Registered
Behaviour Analyst

Location

SAAAC Birchmount, virtually, and in homes
and community settings



Learn more about our
Behaviour Consultation Program.